



CVPRD NEWSLETTER

Happy Parks & Recreation Month! As we celebrate the power of parks, recreation, and community, we're excited to share our latest updates. Inside, you'll find important save-the-dates, upcoming registration info from our divisions, inspiring Parks & Recreation Month stories, and much more. Thank you for being part of what makes Carbon Valley such a vibrant and active community!

Celebrating the Power of Parks & Recreation

This July, Carbon Valley Parks & Recreation District is proud to celebrate Parks & Recreation Month by highlighting the many ways recreation strengthens our community. Throughout the month, we've shared stories about the Power of Connection and the Power of Play, showcasing how parks, programs, and recreational experiences bring people together, encourage healthy lifestyles, and create lasting memories.

From preschoolers discovering new skills and friendships to adults finding opportunities to stay active and engaged, recreation plays an important role in enriching lives at every age.

As we continue our celebration, we're excited to spotlight the Power of Community and Belonging. This theme recognizes the welcoming environment found throughout our programs and facilities and the incredible people who make CVPRD such a special place.

Share your story of community or belonging with us on Facebook or Instagram to enter a chance to win a CVPRD swag gift bag giveaway!

Visit us on social or bit.ly/PowerofRecCVPRD to read all the stories we've shared.

Thank you for being part of CVPRD. Together, we're building a stronger, healthier, and more vibrant community through the power of recreation.



**THE
POWER
OF PARKS AND
RECREATION**



Save the date... FOR THESE UPCOMING EVENTS!



SHUT DOWN WEEK

All CVPRD Facilities (*Gymnastics will still have scheduled classes & open gyms)

**MON-SUN
8/24-8/30**

**SUN
NOV 15**

CVPRD HOLIDAY MARKET

Rec Center, 701 5th St Frederick, CO 80530

Join the fun! Find all upcoming events at cvprd.com/special-events

Stay connected--subscribe & follow updates from what you love most.
Visit cvprd.com/stay-informed to see our our division newsletters.

THANK YOU COMMUNITY PARTNERS!



FREDERICK-FIRESTONE
FIRE DISTRICT



For information about becoming a CVPRD sponsor,
call 303-833-3660x110 or email marketing@cvprd.com



3 EASY WAYS TO REGISTER



Online

Visit cvprd.com/register

Create an account and confirm your district residence before registration day to save time. Use the online catalog to filter by age, day, or activity.

Visita cvprd.com/register

Para ver el sitio web en español, seleccione el icono de traducción (🌐) en el menú principal de la página web cvprd.com.



Phone

Give us a call at
303-833-3660.

*Phone registration is by
credit card only.*

Like, Follow and Share
with our community!



@CarbonValleyRecreationDistrict



@carbonvalleyrec



In-Person

We're excited to see you in person at any front desk in our facilities.

Carbon Valley Recreation Center
701 5th Street, Frederick, CO 80530

Active Adults & Community Center
151 Grant Ave, Firestone, Co 80520

Carbon Valley Gymnastics Center
6615 Frederick Way, Frederick, CO
80530

CONNECT. PLAY. THRIVE.

PLAN YOUR NEXT:

- Event
- Meeting
- Presentation
- Party

Book early!



LOOKING FOR THE PERFECT SPONSORSHIP?



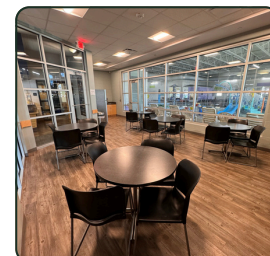
- Events
- Site Banners
- Jerseys
- Signage
- Customized
- & more!



Community Center Rentals

Starts at

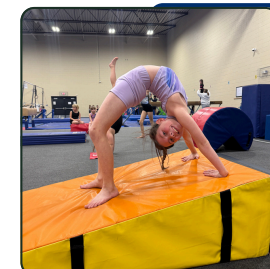
\$ 50+/hour District
\$75+/hour Non-District



Rec Center Rentals

Starts at

\$ 90+/hour District
\$113+/hour Non-District



Gymnastics Party Package

Starts at

\$152 District
\$228 Non-District
(*10 participants)



REGISTRATION UPDATES

Active Adults



[Register Here](#)

- **Jazz Room: A Frank Sinatra & Louis Armstrong Tribute July 24;** Enjoy a dinner and musical experience for 55+, \$52 District Resident, \$78 Non-District Resident. Registration closes 7/22.
- **Casino Day July 27:** Join the party at Bally's casino; 55+/yrs get a trip away to have fun (gambling and dining not included). \$23/District residents, \$35/Non-district residents. Registration closes 7/22.

Aquatics

[Register Here](#)

- **Swim Lab:** \$5 Evening on August 11; test out a swim lesson and help us train our instructor team through this interactive training initiative. Participants receive a \$5 credit toward any 2026 swim lesson program (fall dates coming late August).
- **StarGuard Lifeguard Training:** August 5-6 at 9 am - 5:30 pm; Register by July 31, \$85/district resident, \$128/non-district resident (Great opportunity to get your certification for our open Lifeguard Job Positions--we are hiring!)



Fitness & Wellness

[Register Here](#)

- **July 20-25 Les Mills Launch Week--**Break out the neon! We're going full-throttle retro as we jump into BODYPUMP, BODYPUMP HEAVY, CORE and TONE this week to celebrate Parks & Recreation Month. Break out the neon, rock those leg warmers, tease that hair sky-high and let's pump it up, 80s style! -Group Fitness classes are included with membership or a drop-in fee. [Learn more about Group Fitness.](#)
- **Junior Trainers:** Monday/Sunday dates to learn from a private trainer with our Junior Trainers classes are here! \$15 District resident/\$22.50/Non-district resident, registration is required.

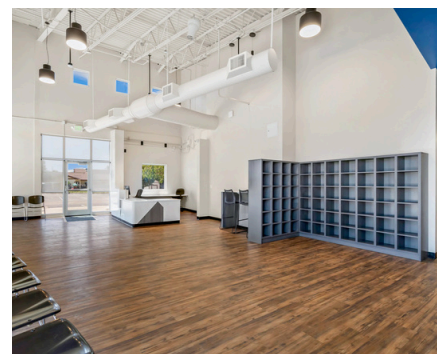




REGISTRATION UPDATES

Gymnastics

As our community continues to grow, we are committed to caring for and improving our facilities to better serve the Carbon Valley community. Our newest lobby expansion has created more space for families attending programs and enhanced our preschool area, while also providing staff with better access to program spaces. These improvements help us continue delivering the amazing tumbling, flipping, and fun-filled experiences our community loves.



Youth Programs & Camps



Reminder--It's Camp Season! The Pool Party Room and the Multi-Purpose Room (MPR) are closed to the public Monday-Friday, from 8 am - 5 pm due to scheduled camp programs through July 31. These rooms will become available outside of camp hours for rental and public use. Please stop by the front desk if you have more questions.

All Sports

[Register Here For Adult Sports](#)

[Register Here For Youth Sports](#)

- **Youth Fall Sports:** Registration is open for youth fall 🏐 Softball, ⚽ Soccer, & 🏐 Volleyball. Visit cvprd.com/youth-sports for more information.
- **Monday Night Frisbee:** Monday, July 20, 5:30-7 pm, Centennial Field. This program is a pilot to gauge interest in launching a fall league. ✉️ RSVP (required): Email Darren at dduplechin@cvprd.com. Free, 13+ years (families welcome) | All skills | Mixed gender.
- **Adult Volleyball-Fall Season League:** Sundays in September - October, Registration is open, closes 8/17.
- **TCDC/CVPRD Cheer Teams:** Only a couple of spots left! Registration closes 7/20, \$105. Runs July 22-Aug 26, Wednesdays 5-6 pm; Ages 5-8.

