



Proclamation Designation of July as Park and Recreation Month

WHEREAS Carbon Valley Parks and Recreation District (the District) recognizes the importance of parks and recreation in enhancing the quality of life for all residents;

WHEREAS the District leverages community tax funds by partnering with the City of Dacono, Town of Frederick, Town of Firestone, and Weld County to offer facilities, parks and a wide variety of programs for community connection, health, and wellness, natural environmental beauty and ecological sustainability; and

WHEREAS parks and recreation promotes health and wellness, improving the physical and mental health of people who live near recreation / community facilities and parks; and

WHEREAS parks and recreation encourages physical activities by providing space for popular sports, fitness activities, swimming pools, active adults, youth, walking and hiking trails, skate and bike parks, special events and many other activities designed to promote active and healthy lifestyles; and

WHEREAS parks and recreation promotes social interaction, physical movement, and time spent in nature which positively impacts mental health by increasing cognitive performance and well-being, and alleviating mental and physical illnesses; and

WHEREAS parks and recreation is a leading provider of healthy meals, nutrition services and education; and

WHEREAS parks and recreation is essential and adaptable infrastructure that makes our communities resilient in the face of emergencies, natural disasters and climate change; and

WHEREAS parks and recreation programming and education activities, such as out- of-school time programming, youth sports and environmental education, are critical to childhood development; and

WHEREAS parks and recreation is a leading resource for youth employment in lifeguarding and teaching swim lessons, childcare, and customer service; and

WHEREAS parks and recreation increases a community's economic prosperity through the attraction and retention of businesses; and

WHEREAS the U.S. House of Representatives has designated July as Parks and Recreation Month; and

NOW THEREFORE, BE IT RESOLVED BY Carbon Valley Parks and Recreation District that July is recognized as Park and Recreation Month in the Carbon Valley Parks and Recreation District.